



BLUE WAVE SWIM TEAM – INFORMATION FORM

PRACTICE SCHEDULE: Beginner Practice: 5:30-6:30pm (Monday, Tuesday, Thursday)
Advanced Practice: 6:30-8:00pm (Monday, Tuesday, Thursday)
Technique Practice: 5:30-6:30pm (Wednesday)

- * There will be a meeting on Monday, November 5th @ 5:30pm (swimmers bring your suit for games after)
- * Practice will begin Monday, November 5
- * Practice schedules are subject to change based on coach's decisions.
- * Swim level will ultimately be determined by the Head Coach.
- * Swimmers should arrive in time to change and prepare for practice. Practice will start promptly.

LOCATION: Marshalltown Community Y Swim Natatorium

MEET SCHEDULE: Saturday, December 1st, 2007 – HOME MEET
Saturday, December 8th, 2007 – HOME MEET
Saturday, December 15th, 2007 – AWAY MEET @ DM Walnut Creek
Saturday, January 12th, 2008 – AWAY MEET @ Grinnell
Saturday, January 19th, 2008 – HOME MEET
Saturday, February 2nd, 2008 – Pre-State Invitational (HOME MEET)
Sectional Meet – To Be Announced
Saturday, March 1st, 2008 – YMCA Boys State Swim Meet
Sunday, March 2nd, 2008 – YMCA Girls State Swim Meet
Saturday, March 29th- March 30th, 2008 – Midwest Regional Swim Meet

CONTACTS:

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GENERAL INFO:

- * The pool temperature is 80 degrees.
- * Swimmers should bring warm clothes to put on after practice.
- * Swimmers should have goggles and a swim cap (for long hair)
- * We suggest having a practice suit and a meet suit.

SWIM TEAM HANDBOOK: We have a swim team handbook that in detail will guide newer swimmers and parents through the start of their first season. We encourage all to have a copy of this manual that will set forth expectations of swimmers and swim team families. It can be found on our team website.

TEAM WEB SITE: The team has a website to check information at www.bluewaveswimteam.com