

## 2010 BOYS YMCA STATE WARM UP SCHEDULES

**Saturday, March 6, 2010**

SESSION 1	8:00 AM - 8:15 AM	Athlete #'s
Lane 1	Ankeny	38
Lane 2	Ankeny	"
Lane 3	Ankeny	"
Lane 4	DM Walnut Creek	45
Lane 5	DM Walnut Creek	"
Lane 6	DM Walnut Creek	"
Lane 7	DM Walnut Creek	"
Lane 8	Marshalltown - Boone	8 - 4

SESSION 2	8:15 AM - 8:30 AM	Athlete #'s
Lane 1	Waukee	53
Lane 2	Waukee	"
Lane 3	Waukee	"
Lane 4	Waukee	"
Lane 5	Waukee	"
Lane 6	DM Riverfront	13
Lane 7	Newton - Knoxville	10 - 5
Lane 8	Pella - Grinnell	12 - 2

SESSION 3	8:30 AM - 8:45 AM	Athlete #'s
Lane 1	Brooklyn - Monticello	8 - 5
Lane 2	Oskaloosa	14
Lane 3	CR Stoney Point	14
Lane 4	CR MACR	35
Lane 5	CR MACR	"
Lane 6	CR MACR	"
Lane 7	Black Hawk Co. (overflow to Lane 6)	16
Lane 8	Fairfield	15

SESSION 4	8:45 AM - 9:00 AM	Athlete #'s
Lane 1	Carroll	26
Lane 2	Carroll	"
Lane 3	Burlington - Denison - LeMars	6 - 5 - 1
Lane 4	Fort Dodge - Red Oak	11 - 4
Lane 5	Ottumwa - Scott County	6 - 6
Lane 6	Spencer (overflow to Lane 8)	16
Lane 7	Forest City - Emmetsburg	11 - 5
Lane 8	Maquoketa - Overflow Lane	2 - ?

SESSION 5	9:00 AM - 9:15 AM	Athlete #'s
Lane 1	Muscatine - Mills County	11 - 5
Lane 2	Dubuque	14
Lane 3	Nishna Valley - Keokuk	13 - 2
Lane 4	Washington - Mason City	12 - 2
Lane 5	Manning - Spirit Lake - Estherville	3 - 9 - 1
Lane 6	Fort Madison - Wilton	7 - 6
Lane 7	Charles City - Centerville - Algona	8 - 2 - 2
Lane 8	Open for late arrivals	

\*Starts and Sprints are from 9:15 - 9:45 AM and will be assigned lanes by age group.

\*Lane 1/2= 13 and over, Lane 3/4= 11 and 12, Lane 5/6= 9 and 10 and Lane 7/8= 8 and under